SEQUOIA INTEGRATIVE MEDICAL SERVICES

SHANNON HIGGINS

REGISTERED NURSE



SHANNON HIGGINS, RN

ShannonHiggins@SequoiaIntegrativeMedicalServices.com

Fax: (920) 543-5288

Hi, I'm Shannon! I'm a Registered Nurse with over 10 years of experience in healthcare, including psychiatric and behavioral health, hospice, home health, correctional nursing, and nursing leadership. I've worn quite a few hats throughout my nursing career (although scrubs have definitely been the most comfortable).

My nursing philosophy is pretty simple: treat people like people. Everyone has a story, everyone deserves to be heard, and a little kindness and humor can go a long way. Whether I'm helping someone navigate a difficult diagnosis, advocating for their needs, or simply taking the time to listen, I believe the best care starts with genuine human connection.

I have a special place in my heart for mental health and our aging population. Nursing has taught me that sometimes the most meaningful thing you can do isn't found in a care plan or medication list. Sometimes it's showing up, listening, and making someone feel like they matter.

When I'm not wearing my nursing hat, I'm a proud mom to 2 pretty amazing kids. My daughter, Eva, is a CNA and currently in nursing school (apparently, one nurse in the family wasn't enough!). My son, Aidan, is a talented high school football player, which means you'll often find me in the stands cheering loudly and pretending I understand every referee's call.

At home, I'm outnumbered by three four-legged family members: Charlotte and Goose, our two pitties, and Louie, our yellow lab. Between the three of them, I've accepted that dog hair is now a permanent fashion accessory.

I'm also planning my October 2027 wedding in Fort Myers, Florida, so when I'm not working, cheering at football games, or negotiating couch space with the dogs, there's a good chance I'm planning something wedding-related!

I love cooking, baking, shopping, discovering new restaurants, and trying new foods and wines. I'm a firm believer that good food, good wine, great company, and a healthy sense of humor make life a whole lot sweeter.

At the end of the day, whether I'm caring for patients or spending time with the people I love, my goal is the same: make people feel comfortable, cared for, and leave them with a smile.