PRINCIPAL CARE MANAGEMENT (PCM)

Enrollment Informed Consent

What is Principal Care Management (PCM)?

Principal Care Management (PCM) is a Medicare-covered service provided by a physician or non-physician practitioner (Physician Assistant (PA), Nurse Practitioner (NP), Clinical Nurse Specialist (CNS), or Certified Nurse Midwife (CNM)) and their clinical staff, per calendar month, for patients with one serious chronic condition expected to last at least **3 months (or until the patient's death)** that places the patient at significant risk of hospitalization, acute exacerbation/decompensation, functional decline, or death.

Only **one practitioner** may bill Medicare for PCM services during a calendar month.

PCM services may include:

- Use of a Certified Electronic Health Record (EHR)
- Continuity of care with a designated care team member
- Disease-specific care planning and management
- Medication review and management
- Coordination with specialists, home health, hospice, pharmacies, and community resources
- Review of laboratory and diagnostic testing
- 24/7 access to address urgent healthcare needs
- Enhanced communication (telephone, secure messaging, patient portal, etc.)
- Ongoing care coordination between scheduled office visits

Have you, the patient or acting healthcare agent, read the information regarding PCM and agree to participate in Principal Care Management services and understand the following?

- There may be a Medicare deductible and/or coinsurance (copay). Please refer to your insurance plan for benefit information.
- Patient may discontinue PCM services at any time by notifying Sequoia Integrative Medical Services.
- Patient's disease-specific care plan may be shared with other healthcare providers involved in the patient's care.
- Only one practitioner per calendar month may bill Medicare for PCM services.
- PCM services are intended to improve management of your qualifying chronic condition and reduce unnecessary emergency department visits and hospitalizations.

Participation in PCM allows Sequoia Integrative Medical Services to provide enhanced coordination and management of your chronic medical condition between office visits, helping improve continuity of care and reduce complications.

☐ **If Medicaid is your primary insurance, PCM services may not be a covered benefit. Please check this box to opt-out.**

Patient Name	DOB
Signature of Patient	Date
Signature of Legal Representative / Relationship	Date

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