REMOTE PATIENT MONITORING

RPM data helps with timely interventions & improve patient outcomes

OVERVIEW

Sequoia's Remote Patient Monitoring (RPM)program gives your healthcare team another way to monitor important health and sleep trends between visits.

Information collected by the device helps us recognize changes or patterns that may warrant additional assessment, follow-up, or communication with your care team.



IMPROVED PATIENT ENGAGEMENT

REDUCED BURDEN ON FACILITY STAFF

EARLY IDENTIFICATION OF CONCERNS

CONTINUOUS HEALTH MONITORING

CLINICAL SEQUOIA OVERSIGHT

WHAT IS THE DEVICE?

The RPM device is a small, contactless monitor placed near the patient's bed and plugged into a standard electrical outlet. It is NOT wearable. There is no watch, finger sensor, patch, or other device that needs to be worn while sleeping.

WHAT DOES THE PATIENT DO?

Nothing is required of the patient. Simply sleep as normally while the device passively collects available information. There is no need to:

- Wear or push a button
- Take or write down daily readings
- Remember to charge a wearable device
- Change your normal sleep routine

WHAT IS THE COST?

RPM services are billed to the patient's insurance. Sequoia does not charge a separate program fee/copay for participation in RPM. Individual insurance benefits and coverage may vary.

WHAT DOES IT MONITOR?

The device passively monitors available overnight health & sleep trends, which may include:

- Heart rate and heart-rate trends
- Respiratory/breathing trends
- Sleep and resting patterns
- Other available nighttime physiologic trends

For Sequoia's RPM program, sleeping & overnight health trends are primarily reviewed as our source of truth. We are looking at patterns & changes over time rather than relying on one isolated reading.

WHEN IS RPM BENEFICIAL?

Monitoring trends over time can provide additional information for many different health conditions. Examples may include:

- COPD or other respiratory conditions
- Sleep apnea or sleep-related concerns
- Heart conditions
- Changes from a patient's normal baseline

Visit our website for more information!

SEQUOIA
Integrative Medical Services

(920) 422-7402
www.SequoiaIntegrativeMedicalServices.com
admissions@SequoiaIntegrativeMedicalServices.com