

SEQUOIA INTEGRATIVE MEDICAL SERVICES

# DR. EMMY SIPPEL

**DNP, ANP-BC**



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I am a board-certified Adult Medicine Nurse Practitioner with over 30 years of experience in healthcare, the majority of which has been hospital-based. I earned my Nurse Practitioner degree in 2010 and bring a strong clinical foundation to my practice. As I transition into primary care, my goal is to care for the whole person, with an emphasis on disease prevention, health education, and long-term wellness rather than reactive care alone. I am passionate about partnering with patients to help them achieve their healthiest lives.

Outside of work, I enjoy traveling the world and spending quality time with my husband and three children.