

SEQUOIA INTEGRATIVE MEDICAL SERVICES

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LPN, TRIAGE NURSE



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I have over 22 years of experience working in healthcare as a caregiver and an LPN. I am dedicated to providing care with compassion and empathy. My goal is to build new relationships, inspire hope in patients' healthcare journeys, help families find comfort in our healthcare team, and continue to expand in my career development. I live by the quote, "When you have a dream, you've got to grab it and never let go."

When not at work, you can find me with my husband of 21 years, my daughter who is 18, and son who is 13. Much of my time is spent with a basketball and a court of some sort with my children. My hobbies are camping, hiking, sports, and spending time with family.