SEQUOIA INTEGRATIVE MEDICAL SERVICES

ELLYN HAINSTOCK

REGISTERED NURSE



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With more than 20 years of healthcare experience, Ellyn has dedicated her career to providing compassionate, patient-centered care. She began her healthcare journey with over 18 years in various aspects of dental health, where she developed a strong foundation in patient care and education before returning to school to earn her Registered Nurse (RN) degree in 2023. Following graduation, she worked for nearly a year in the hospital medical/surgical setting prior to the hospital's closure and then spent the last two years working as a Hospice RN, a role that remains especially meaningful to her because of the opportunity to provide comfort, dignity, and support to patients and families during vulnerable times.

Her passion for caring for the aging population led her to join the Sequoia team, whose mission aligns closely with her goal of bringing accessible, personalized healthcare to the community.

Outside of work, she enjoys spending time with her two adult children, family and friends. Her hobbies include fishing, hunting, or simply relaxing on the houseboat with her significant other on the Mississippi River, as well as ice fishing and traveling during the winter months.