

SEQUOIA INTEGRATIVE MEDICAL SERVICES

# ASHLEY HINES-WILHELM

**REGISTERED NURSE**



## **ASHLEY** HINES-WILHELM

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Hello, I'm Ashley! I have been a registered nurse since 2018 but have been in healthcare for 15+ years. My nursing career started out as a private duty caregiver then progressed to a CNA, LPN, and finally as a RN. I obtained my bachelor's degree in teaching and history at Silver Lake College. While still working as a CNA, I worked as a middle/high school teacher. I enjoyed teaching but it wasn't my true calling. I went back to school to become a RN at NWTC.

I have worked in manufacturing nursing, cardiology, ENT, primary care, and hospice. I am currently working on obtaining a master's degree with an emphasis as a nurse practitioner. I love helping people and aim to provide safe and quality care for each patient I meet. I strive to be each patient's advocate. I am blessed to be a part of the Sequoia team!

In my free time, I love spending time with my family, crafting, reading, traveling, or being outside. I am married and have two wonderful children.